

<u>Monthly Plans</u>	<u>Individual</u>	<u>Family</u>
Monthly Plan 1: Blue Includes Groups and Classes	\$20-\$100 per month	\$15-\$75 per month
Monthly Plan 2: Purple Includes Groups, Classes, and Counseling	\$50-\$225 per month	\$40-\$195 per month

All monthly plan pricing is **per person** per month.

Family pricing is available when purchasing multiple plans for multiple members of a family or family of choice.

Sliding scale rates for monthly plans and psychotherapy are based on total annual household resources.

<u>Counseling, Groups, and Classes</u>	<u>Pay-As-You-Go</u>	<u>Monthly Plan</u>
Psychotherapy w/ Experienced Counselor-in-Residence <a href="http://www.relationalcenter.org/counselors">http://www.relationalcenter.org/counselors</a>	\$75-\$150 per session (fee set by counselor)	Free Plan 1 with any Counselor-in-Residence
Psychotherapy w/ Sliding Scale Rates	\$20-\$75 per session	Free with Purple Plan
Support, Process, and Drop-in Groups	\$20 per session	Free with Any Plan
Psychoeducational Groups	\$20 per session	Free with Any Plan
Yoga Classes, Meditation & Mindfulness Groups	\$10 per class	Free with Any Plan
Acupuncture Contact <a href="mailto:jenny@relationalcenter.org">jenny@relationalcenter.org</a> to schedule an appointment	\$60 per session	\$40 with Any Plan
Massage Contact <a href="mailto:laurie@relationalcenter.org">laurie@relationalcenter.org</a> to schedule an appointment	\$75 per session	\$55 with Any Plan
Discover Your Story Reclaim Your Leadership Story with Values and Supports		Free
Civic Engagement Group Group Study & Volunteer Projects		Free
UsNow: Youth Leadership & Civic Engagement <a href="http://www.relationalcenter.org/usnow">http://www.relationalcenter.org/usnow</a>		Free
SoRoYo: South Robertson Youth Civic Leadership Training <a href="http://www.relationalcenter.org/soroyo">http://www.relationalcenter.org/soroyo</a>		Free

Join a group, class, or workshop: [www.relationalcenter.org/join](http://www.relationalcenter.org/join)

<u>Room Rentals</u>	<u>Pay-As-You-Go</u>	<u>Monthly Plan</u>
Small Rooms (~ 10' x 10') Great for coaching, consulting, mentoring, etc. Comfortable for 4 people.	\$25 per hour	\$15 per hour with Any Plan
Studio A (~ 13' x 13') Best for meetings, workshops, seminars, etc. Comfortable for 12-15 people.	\$50 per hour	\$30 per hour with Any Plan
Studio B (~ 11' x 13') Best for meditation groups, small yoga classes, etc. Comfortable for 6-8 people doing yoga/movement or 10-12 people for groups/conversations.	\$40 per hour	\$25 per hour with Any Plan
Studio A & B (~ 24' x 13') Best for large workshops and training events. Comfortable for 12 people doing yoga/movement or up to 40 people for workshops/conversations.	\$80 per hour	\$45 per hour with Any Plan